#  <br> <br> Restaurant <br> <br> Restaurant \& Lounge <br> Comm: 050-3363-8763 | DSN: 763-8763 

## HOURS

Monday - Saturday:
Breakfast 0700-0900
Lunch 1100-1300
Dinner 1630-1930

Sunday \& Holidays: Breakfast 0830-1000 Lunch 1100-1300
Dinner 1600-1900

Brunch: 1st Sunday of Month: 0900-1300

## STARTERS

Chicken Wings 10
Full pound of chicken wings tossed with your choice of TC original Buffalo, garlic Parmesan, BBQ, or Korean sweet chili sauce served with carrot and celery sticks

Quesadilla 7.5
Grilled tortilla with Cheddar \& Monterey Jack cheese and grilled vegetables served with sour cream, guacamole, and pico de gallo Add Carne Asada, Chicken, or Shrimp for 3

Mozzarella Sticks 6.75
Crispy breaded cheese sticks served with marinara sauce

Dakgangjung 6.5
Korean style crispy chicken nuggets tossed in sweet chili sauce

Chicken Tenders 6
Crispy golden chicken tenders with your choice of dipping sauce

Sampler Platter 12.5
Combination of mozzarella sticks, chicken tenders, dakgangjung, chicken wings and quesadillas served with marinara, sour cream, guacamole and pico de gallo

## SPECIALTY SALADS

Avocobb Salad 8.5
Fresh avocado, boiled eggs, tomatoes, bacon bits, and shredded Cheddar cheese on bed of mixed greens

Caesar Salad 7.5
Romaine lettuce tossed with Parmesan cheese, croutons, and Caesar dressing

## BUILD YOUR OWN SALAD

FIRST - CHOOSE YOUR GREENS 6
Lettuce // Romaine // Mixed Greens // Combination
NEXT - ADD 3 FREE TOPPINGS ( $\mathbf{5 0}$ per additional topping)
Tomatoes // Cucumbers // Onions // Carrots // Black Olives // Bell Peppers // Jalapeños
Roasted Chickpeas // Black Beans // Broccoli // Artichoke // Corn // Croutons
NEXT - CHOOSE YOUR PROTEIN
Grilled Steak 5 // Grilled or Crispy Chicken 3 // Salmon Filet 6
Shrimp 6 // Tofu 3 // Ham 2 // Turkey 2
PICK ONE CHEESE FOR FREE - (1 per additional cheese)
Cheddar // Mozzarella // Feta // Gruyere // Parmesan
ADD EXTRAS - 1 each
Toasted Almonds // Candied Pecans // Toasted Walnuts Avocado // Guacamole // Chopped Bacon // Hard Boiled Egg

## SELECT DRESSING

1000 Island // Ranch // French // Caesar // Blue Cheese // Italian // Oil and Vinegar

## SIDE DISHES

Classic Fries * Curly Fries * Side Salad * Coleslaw<br>Steamed Vegetables * Mashed Potatoes * Onion Rings<br>Tater Tots * Mac n' Cheese * Brown or White Rice Quinoa * Baked Potato * Sweet Potato Fries (3)

# BUILD YOUR OWN BURGER 

All burgers are served with lettuce, tomato, pickles, and choice of side

FIRST - CHOOSE YOUR PROTEIN<br>Beef 60 z 6.5 // Grilled or Crispy Chicken 6.5 // Buffalo Chicken 6.5 // Salmon 7 // Veggie 5

# NEXT - SELECT YOUR BREAD Potato // Ciabatta // Kaiser 

THEN PICKA CHEESE - 1 each<br>Cheddar // Provolone // Swiss // American // Pepper Jack // Gruyere

ADD SOME TOPPINGS - 1 each
Bacon // Grilled Onions // Fried Egg // Macn'Cheese // Avocado Ham // Turkey // Spam // Sautéed Mushrooms // Guacamole

## ENTREES

## TC Classic Cheeseburger 8.5

$60 z$ homemade beef patty, double American cheese, and rémoulade sauce served on potato roll

The Helmsman's Burger 9.25
$60 z$ homemade beef patty, grilled onions, bacon, mushrooms, and Swiss cheese served on Kaiser roll

Healthy Sailor 8.5
Grilled chicken breast and steamed vegetables served with brown rice

Sweet \& Sour 9.5
Choice of chicken or pork, sautéed vegetables served with steamed rice topped with sweet \& sour sauce

## Mushroom Ravioli 12

House made mushroom ravioli tossed in Parmesan cream sauce served with garlic toast

Chipotle Ranch Bacon Burger 8.5
60 homemade beef patty, Pepper Jack cheese, bacon, and chipotle ranch served on Kaiser roll

## Quinoa Power Bowl 7

Warm quinoa served with roasted tomatoes, cucumbers, carrots, feta cheese, and pesto yogurt sauce

## Beef Bulgogi 9

Grilled house marinated beef served with sautéed vegetables, and steamed rice on a sizzling skillet

Basil Pesto Crusted Salmon 14
Grilled salmon with basil-panko crust served with grilled tomatoes, steamed broccoli, and brown rice

## TC Fried Rice 6

Pan fried rice, vegetables, egg, and soy sauce served with kimchi
Beef add 3/Chicken add 2.5 / Shrimp add 3.5

## WICHES \& WRAPS

## All sandwiches \& wraps come with choice of side

## Double Decker Chicken Club 9

Grilled chicken, roast turkey, ham, bacon, lettuce, tomatoes, and American cheese served on toast

## Cuban Sandwich 8.5

Mojo roasted pork, ham, pickles, Swiss cheese, and mustard grilled crispy on a hoagie roll

## Philly Cheese 9

Grilled beef or chicken, onions, bell peppers, and provolone cheese served on a hoagie roll

Tacos / Burrito Your Way 9
Two carne asada, chicken, shrimp, or tofu tacos with grilled onions and peppers, guacamole, sour cream, pico de gallo on warm tortillas served with cilantro rice and choice side

## All American 8.5

Two eggs your way, roasted potatoes, pancakes, and two choices of bacon, sausage, spam, chicken tender, or chorizo served with toast

## French Toast Platter 8

French Toast, two eggs your way, roasted potatoes, and choice of bacon, sausage, spam, or chorizo

## Fast Break 6.5

Egg and cheese breakfast sandwich with choice of bacon, sausage, spam, or chorizo served on croissant, toast, or tortilla with choice of side

The Islander 7.75
Two eggs your way, sautéed Portuguese sausage, sautéed vegetables, steamed rice, and toast

## Breakfast Burrito 7

Scrambled eggs, breakfast sausage, bacon, roasted potatoes, Cheddar cheese, and pico de gallo wrapped in a tortilla with choice of side

All Day Omelet 6.5
Three egg omelet with any combination of bacon, ham, cheese, bell peppers, jalapeños, tomatoes, and onions served with toast and choice of side

Egg White Skillet 7.5


Scrambled egg whites topped on sautéed vegetables, roasted potatoes, and choice of bacon, sausage, spam, or chorizo served with toast

Croque Monsieur 9
Grilled ham and Gruyere cheese sandwich served with two eggs your way

# A LA CARTE 

Pancakes or Waffle 3.5 Biscuits \& Gravy 4

Two Eggs 2.5
Yogurt Parfait 5

2 Slices of Toast 1.5
French Toast 4
Bacon / Chorizo / Sausage / Spam 2

## STEAKS

All steaks are served with House Salad, Dinner Rolls and Choice of Two Sides

Beef Tenderloin 80z. (225g) 29
RIK Meal with signature 16
T-Bone 16oz. (450g) 34
RIK Meal with signature 21
New York Sirloin 14 oz. (400g) 31
RIK Meal with signature 18
Bone-In Ribeye 16oz. (450g) 33
RIK Meal with signature 20

## BUILD YOUR OWN PASTA

All pastas are served with garlic toast and choice of side<br>FIRST - CHOOSE YOUR PASTA 8<br>Spaghetti // Fettucine // Macaroni // Penne<br>NEXT - PICK YOUR SAUCE<br>Marinara // Tomato Ragu // Alfredo // Garlic Olive Oil // Rosé

THEN ADD SOME TOPPINGS - 1 each
Bacon // Grilled Onions // Capers // Peppers
Spam // Sautéed Mushrooms
TOP WITH YOUR CHOICE OF PROTEIN
Meatballs 3 // Italian Sausage 3 // Grilled or Crispy Chicken 3 // Steak (6oz) 5 Salmon Filet 6 // Shrimp 6 // Tofu 3

# MONTHLY SPECIALS 

BURGER OF THE MONTH

KK Glazed Donut Burger 10<br>$60 z$ Beef Patty, American Cheese, and Bacon served on Krispy Kreme Glazed Donuts with Choice Side

## APPETIZER OF THE MONTH

## Cheeseburger Sliders <br> 5

Cheeseburger Sliders (2 each) served with Potato Chips


## DESSERTS

Apple Pie à la Mode 4
Cheesecake 4.5
Warm Brownie Sundae 5.5

Belgian Waffle Sundae with Nutella 5
Daily Baked Cookie 1.25
Ice Cream Scoop (Vanilla or Chocolate) 1

| Coffee or Tea 1.75 | Juices 2 |
| :--- | :--- |
| Fountain Sodas 1.75 | Apple / Cranberry |
| Coke / Coke Zero / Sprite | Pineapple / Orange |
| Canned Sodas 1.5 | Lemonade 1.75 |
| Coke / Diet Coke / Sprite / | Iced Tea 1.75 |
| Dr. Pepper / Mt. Dew / Ginger Ale | Bottled Water 1 |

Turtle Cove Restaurant and Bar is the only full service and hybrid RIK/SIK restaurant in South Korea, providing meals to our active duty, dependents, civilians, retirees, and others including our ROK Navy comrades next door.

RIK members can conveniently request to pre-order their next day's meal in advance.
Please ensure to sign the NAVSUP form with correct date and meal period to or just ask our friendly cashier for assistance.

Nutrition information is available at Cashier's desk and www.navymwrchinhae.com Consuming raw or undercooked meats, poultry, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

